

# Sanctum Knight Helm


## In-Game Description

*Helm of the sanctum knights.*

*The sanctum knights renounced their own flesh to eternally guard the Sanctum from Sir Yorgh and his Drakeblood Knights.*

## Availability

- Sanctum Knight drop.
- Dragon's Sanctum treasure. In the room with the bodies of many Knights.

## General Information

Part of the Sanctum Knight Set.

Name	Physical Defense	Elemental Defense	Resistance	Poise	Durability	Weight	Attributes Required	Physical DEF Bonus
Sanctum Knight Helm	96/88/104/96	12/12/10/12	12/18/0/0	9	90	5.8	-/-/-	C

## Upgrades

Requires Twinkling Titanite.

Name	Physical Defense	Elemental Defense	Resistance	Materials Cost	Souls Cost
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Sanctum Knight Helm +0	96/88/104/96	12/12/10/12	12/18/0/0	-	-
Sanctum Knight Helm +1	100/92/109/100	13/13/11/13	13/19/0/0	1x Twinkling Titanite	550
Sanctum Knight Helm +2	105/96/114/105	14/14/12/14	14/21/0/0	1x Twinkling Titanite	690
Sanctum Knight Helm +3	110/101/119/110	15/15/13/15	15/23/0/0	2x Twinkling Titanite	820
Sanctum Knight Helm +4	115/105/124/115	16/16/14/16	16/15/0/0	2x Twinkling Titanite	1,090
Sanctum Knight Helm +5	120/110/130/120	18/17/15/18	17/27/0/0	3x Twinkling Titanite	1,230

# Key

<b>Physical Defense:</b>	<p>The Physical Defense attribute dictates how resilient the piece of armor is to a certain physical damage type.</p> <p>The physical stats for a piece of armor are W / X / Y / Z:</p> <ul style="list-style-type: none"> <li>• W is base Physical DEF</li> <li>• X is defense vs. striking attacks</li> <li>• Y is defense vs. slashing attacks</li> <li>• Z is defense vs. thrusting attacks</li> </ul>
<b>Elemental Defense:</b>	<p>The Elemental Defense attribute dictates how resilient the piece of armor is to a certain elemental damage type.</p> <p>The magical stats for a piece of armor are W / X / Y / Z:</p> <ul style="list-style-type: none"> <li>• W is defense vs. magic attacks</li> <li>• X is defense vs. fire attacks</li> <li>• Y is defense vs. lightning attacks</li> <li>• Z is defense vs. dark attacks</li> </ul>
<b>Resistance:</b>	<p>The Resistance dictate how resilient the piece of armor is to status ailments.</p> <p>The properties for a piece of armor are W / X / Y / Z:</p> <ul style="list-style-type: none"> <li>• W is resistance vs. poison</li> <li>• X is resistance vs. bleed</li> <li>• Y is resistance vs. petrification</li> <li>• Z is resistance vs. Hollowing curse</li> </ul>
<b>Poise:</b>	<p>Dictates how resilient the piece of armor is to hitstun. A higher poise gives a greater chance that the player will not be interrupted or staggered when hit.</p>

<b>Durability:</b>	The durability of the armor. The effectiveness of the armor will severely deteriorate when the durability falls below a certain threshold, and the armor will become unusable and need to be repaired by a blacksmith once it reaches 0. Durability deterioration that does not reach 0 will be automatically repaired upon resting at a bonfire.
<b>Weight:</b>	The weight of the piece of armor. Note that equipping over certain amounts of your equip burden may alter movement and roll speed, as well as other factors when playing the game.
<b>Attribute Requirements:</b>	Determines how high certain attributes must be in order to wear the armor effectively. Most pieces of armor do not have any such requirements. The required attributes are W / X / Y / Z: <ul style="list-style-type: none"><li>• W is the Strength required</li><li>• X is the Dexterity required</li><li>• Y is the Intelligence required</li><li>• Z is the Faith required</li></ul>
<b>Physical DEF Bonus:</b>	The influence of the character's Physical DEF stat on the effectiveness of armor worn. The possible ratings (from greatest bonus to least bonus) are: S, A, B, C, D, E.

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