

Consumables

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Many of these items are found throughout the game, and most hold positive effects for the user in forms of recovery, damage, souls, or other beneficial effects.

Recovery Items

Icon	Name	Use	Availability
	Estus Flask	Drink from it to restore HP	Obtained by talking to Emerald Herald
	Human Effigy	Use to reverse Hollowing	Starting Gift Sold by Merchant Hag Melentia (x5) Sold by Magerold of Lanafir (x3) Sold by Darkdiver Grandahl (x3) Sold by Grave Warden Agdayne (x13)
	Lifegem	Restores 500 HP over 10 seconds	Sold by Merchant Hag Melentia. Sells ∞ when she arrives at Majula.
	Radiant Lifegem	Restores 850 HP over 20 seconds	Sold by Merchant Hag Melentia
	Old Radiant Lifegem	Restores 1300 HP over 30 seconds	Sold by Chancellor Wellager (x10)
	Elizabeth Mushroom	Restores around 2,000 HP over 45 seconds	Sold by Grave Warden Agdayne (x13)
	Amber Herb	Restores a small number of spell uses	Sold by Weaponsmith Ornifex. Sells ∞ when Nashandra is defeated, but not in Scholar of the First Sin. Sold by Merchant Hag Melentia (x3) Sold by Carhillion Of The Fold (x10)
	Twilight Herb	Restores some spell uses	Sold by Carhillion Of The Fold (x5)

	Wilted Dusk Herb	Restores many spell uses	Sold by Chancellor Wellager (x10)
	Poison Moss	Reduces poison build-up and cures poison	Sold by Lonesome Gavlan. Sells ∞ when he arrives at Doors of Pharros.
	Monastery Charm	Cures poison and restores 850 HP	Sold by Blue Sentinel Targray (x3)
	Dragon Charm	Cures poison and restores 1,500 HP	Sold by Royal Sorcerer Navlaan (x5)
	Divine Blessing	Cures status effects and fully restores HP	Sold by Chancellor Wellager (x1)
	Green Blossom	Boosts stamina recovery speed for 60 seconds	Sold by Weaponsmith Ornifex. Sells ∞ when Nashandra is defeated. Sold by Magerold of Lanafir (x10)
	Dark Troches	Boosts Dark defense for 90 seconds	Sold by Cromwell The Pardoner
	Common Fruit	Boosts Poison resist for 90 seconds	Sold by The Rat King
	Triclops Snake Troches	Boosts Petrify resist for 90 seconds	Sold by The Rat King
	Red Leech Troches	Boost Bleeding resist for 90 seconds	Sold by The Rat King
	Repair Powder	Restore equipment durability	Chancellor Wellager sells an ∞ amount. Sold by Blacksmith Lenigrast (x1) Sold by Steady Hand McDuff (x1) Sold by Magerold of Lanafir (x1)
	Rouge Water	Restores spell uses and slowly heals 850 HP	Sold by Straid Of Olaphis (x3)
	Crimson Water	Greatly restores spell uses and slowly heals 1,500 HP	Sold by Royal Sorcerer Navlaan (x5)
	Small Blue Burr	Boosts Magic defense for 90 seconds	Sold by Rosabeth Of Melfia
	Small Yellow Burr	Boosts Lightning defense for 90 seconds	Sold by Rosabeth Of Melfia
	Small Orange Burr	Boosts Fire defense for 90 seconds	Sold by Rosabeth Of Melfia

	Dried Root	Restores 900 HP over 500 seconds	Found in Dragon's Sanctum
	Old Growth Balm	Increases Strength by 5 points for 45 seconds	Found in Shulva, Sanctum City
	Goldenfruit Balm	Increases Faith by 5 points for 45 seconds	Found in Shulva, Sanctum City
	Blackweed Balm	Increases Intelligence by 5 points for 45 seconds	Found in Shulva, Sanctum City
	Vine Balm	Increases Dexterity by 5 points for 45 seconds	Found in Shulva, Sanctum City
	Brightbug	+20% damage and -20% damage received for 2 minutes.	3x sold by Merchant Hag Melentia. She restocks as you kill certain bosses.

Offensive Items

Icon	Name	Use	Availability
	Firebomb	Thrown to explode and inflict Fire damage	Sold by Merchant Hag Melentia
	Black Firebomb	Thrown to explode and inflict great Fire damage	Sold by Magerold of Lanafir
	Witching Urn	Thrown to explode and inflict Magic damage	Sold by Merchant Hag Melentia Forest of Fallen Giants treasure
	Lightning Urn	Thrown to explode and inflict Lightning damage	Sold by Head of Vengarl
	Hexing Urn	Thrown to explode and inflict Dark damage	Sold by Titchy Gren
	Holy Water Urn	Cleanse undead with holy essence	Sold by Blue Sentinel Targray
	Corrosive Urn	Thrown to explode and damage equipment	Sold by The Rat King
	Throwing Knife	Disposable projectile weapon	Sold by Merchant Hag Melentia
	Lacerating Knife	Disposable projectile weapon, inflicts bleed	Sold by Laddersmith Gilligan
	Poison Throwing Knife	Disposable projectile weapon, inflicts poison	Sold by Lonesome Gavlan

	Dung Pie	Poisons foes, but also affects oneself	Sold by The Rat King
	Aromatic Ooze	Applies Magic to right-hand weapon for 90 seconds	Sold by Laddersmith Gilligan Forest of Fallen Giants treasure
	Gold Pine Resin	Applies Lightning to right-hand weapon for 90 seconds	Sold by Head of Vengarl
	Charcoal Pine Resin	Applies Fire to right-hand weapon for 90 seconds	Sold by Magerold of Lanafir
	Dark Pine Resin	Applies Dark to right-hand weapon for 90 seconds	Sold by Felkin the Outcast
	Rotten Pine Resin	Applies Poison to right-hand weapon for 90 seconds	Sold by Lonesome Gavlan
	Bleeding Serum	Applies Bleed to right-hand weapon for 90 seconds	Sold by Laddersmith Gilligan
	Alluring Skull	Thrown to attract nearby enemies for five seconds	Sold by Sweet Shalquoir
	Lloyd's Talisman	On hit, blocks estus recovery for 30 seconds	Sold by Sweet Shalquoir. Sells ∞ after opening Shrine of Winter.
	Dragon Head Stone	Head becomes a dragon head	Rank 1 Dragon Remnants reward
	Dragon Torso Stone	Torso becomes a dragon torso	Rank 2 Dragon Remnants reward

Souls

Icon	Name	Use	Availability
	Fading Soul	Consume for 50 souls	
	Soul of a Lost Undead	Consume for 200 souls	
	Large Soul of a Lost Undead	Consume for 400 souls	
	Soul of a Nameless Soldier	Consume for 800 souls	
	Large Soul of a Nameless Soldier	Consume for 1,000 souls	
	Soul of a Proud Knight	Consume for 2,000 souls	
	Large Soul of a Proud Knight	Consume for 3,000 souls	

	Soul of a Brave Warrior	Consume for 5,000 souls	
	Large Soul of a Brave Warrior	Consume for 8,000 souls	
	Soul of a Hero	Consume for 10,000 souls	
	Soul of a Great Hero	Consume for 20,000 souls	

Boss Souls

Icon	Name	Use	Availability
	Soul of the Last Giant	Consume for 6,000 souls or Craft Giant Stone Axe	Defeat The Last Giant
	Soul of the Pursuer	Consume for 8,000 souls or Craft Pursuer's Ultra Greatsword or Craft Pursuer's Greatshield	Defeat The Pursuer
	Dragonrider Soul	Consume for 6,000 souls or Craft Dragonrider's Halberd or Craft Dragonrider Twinblade or Craft Dragonrider Bow or Craft Dragonrider Greatshield	Defeat Dragonrider
	Old Dragonslayer Soul	Consume for 10,000 souls or Craft Dragonslayer Spear	Defeat Old Dragonslayer
	Flexile Sentry Soul	Consume for 6,000 souls or Craft Warped Sword or Craft Arced Sword or Craft Barbed Club	Defeat Flexile Sentry
	Ruin Sentinel Soul	Consume for 6,000 souls or Craft Heavy Homing Soul Arrow	Defeat Ruin Sentinels

	Executioner's Chariot Soul	Consume for 8,000 souls or Craft Chariot Lance or Craft Shield Crossbow	Defeat Executioner's Chariot
	Belfry Gargoyle Soul	Consume for 6,000 souls or Craft Gargoyle Bident	Defeat Belfry Gargoyles
	Soul of the Lost Sinner	Consume for 25,000 souls or Craft Lost Sinner's Sword	Defeat the Lost Sinner
	Skeleton Lord's Soul	Consume for 6,000 souls or Craft Roaring Halberd	Defeat Skeleton Lords
	Covetous Demon Soul	Consume for 6,000 souls or Craft Bone Scythe	Defeat Covetous Demon
	Mytha, the Baneful Queen Soul	Consume for 10,000 souls or Craft Mytha's Bent Blade	Defeat Mytha, the Baneful Queen
	Smelter Demon Soul	Consume for 8,000 souls or Craft Smelter Sword or Craft Aged Smelter Sword	Defeat Smelter Demon
	Old Iron King Soul	Consume for 25,000 souls or Craft Iron King Hammer	Defeat Old Iron King
	Scorpioness Najka Soul	Consume for 8,000 souls or Craft Soul Shower	Defeat Scorpioness Najka
	Royal Rat Authority Soul	Consume for 6,000 souls or Craft Acid Surge	Defeat Royal Rat Authority
	Royal Rat Vanguard Soul	Consume for 6,000 souls or Craft Toxic Mist	Defeat Royal Rat Vanguard
	Soul of Velstadt	Consume for 15,000 souls or Craft Sacred Chime Hammer or Craft Sacred Oath	Defeat Velstadt, the Royal Aegis
	Soul of the Rotten	Consume for 25,000 souls or Craft Butcher's Knife	Defeat the Rotten

	Soul of the Duke's Dear Freja	Consume for 25,000 souls or Craft Spider Fang or Craft Spider's Silk	Defeat the Duke's Dear Freja
	Looking Glass Knight Soul	Consume for 18,000 souls or Craft King's Mirror or Craft Thorned Greatsword	Defeat Looking Glass Knight
	Demon of Song Soul	Consume for 12,000 souls or Craft Spotted Whip	Defeat Demon of Song
	Guardian Dragon Soul	Consume for 14,000 souls or Craft Drakewing Ultra Greatsword or Craft Spitfire Spear	Defeat Guardian Dragon
	Ancient Dragon Soul	Consume for souls 75,000 souls or Craft Curved Dragon Greatsword	Treasure in Dragon Memories
	Giant Lord Soul	Consume for 25,000 souls or Craft Repel	Defeat Giant Lord
	Throne Defender Soul	Consume for 16,000 souls or Craft Defender Greatsword or Craft Defender's Shield	Defeat Throne Defender
	Throne Watcher Soul	Consume for 16,000 souls or Craft Watcher Greatsword or Craft Watcher's Shield	Defeat Throne Watcher
	Darklurker Soul	Consume for 22,000 souls or Craft Lifedrain Patch	Defeat Darklurker
	Soul of Nashandra	Consume for 30,000 souls or Craft Scythe of Want or Craft Chime of Want or Craft Bow of Want	Defeat Nashandra

	Old Paledrake Soul	Consume for 60,000 souls or Craft Moonlight Greatsword or Craft Crystal Soul Spear	Defeat The Duke's Dear Freja at Bonfire Intensity 2+
	Old Witch Soul	Consume for 60,000 souls or Craft Flame Weapon or Craft Chaos Blade	Defeat the Lost Sinner at Bonfire Intensity 2+
	Old Dead One Soul	Consume for 60,000 souls or Craft Numbness or Craft Crypt Blacksword	Defeat The Rotten at Bonfire Intensity 2+
	Old King Soul	Consume for 75,000 souls or Craft Blinding Bolt or Craft Dragonslayer Greatbow	Defeat Old Iron King at Bonfire Intensity 2+
	Soul of the King	Consume for 50,000 souls or Craft Ruler's Sword or Craft King's Shield or Craft King's Ultra Greatsword	Appears in the Shrine of Amana after defeating King Vendrick
	Soul of Sinh, the Slumbering Dragon	Consume for 18,000 souls or Craft Yorgh's Spear	Defeat Sinh, the Slumbering Dragon
	Soul of Elana, Squalid Queen	Consume for 30,000 souls or Craft Wrathful Axe	Defeat Elana, Squalid Queen
	Soul of the Fume Knight	Consume for 16,000 souls or Craft Fume Sword or Craft Fume Ultra Greatsword	Defeat the Fume Knight
	Soul of Sir Alonne	Consume for 16,000 souls or Craft Bewitched Alonne Sword	Defeat Sir Alonne

	Soul of Nadalia, Bride of Ash	Consume for 30,000 souls or Craft Outcry or Craft Chime of Screams	Collect all 12 fragments of Nadalia's soul 11 obtained by destroying Ashen Idols 1 obtained after defeating Sir Alonne
	Soul of Aava, the King's Pet	Consume for 16,000 souls or Craft Ivory Straight Sword	Defeat Aava, the King's Pet
	Soul of the Ivory King	Consume for 30,000 souls or Craft Ivory King Ultra Greatsword	Defeat Burnt Ivory King
	Soul of Zallen, the King's Pet	Consume for 16,000 souls or Craft Loyce Shield	Defeat Lud, the King's Pet & Zallen, the King's Pet
	Soul of Lud, the King's Pet	Consume for 16,000 souls or Craft Loyce Greatsword	Defeat Lud, the King's Pet & Zallen, the King's Pet
	Soul of Alsanna, Silent Oracle	Consume for 30,000 souls or Craft Eleum Loyce	Clear path to Alsanna, Silent Oracle.

Miscellaneous Items

Icon	Name	Use	Availability
	Homeward Bone	Return to last bonfire rested at	Sold by Sweet Shalquoir. Sells ∞ after opening Shrine of Winter. Starting Gift
	Aged Feather	Return to last bonfire rested at. Has infinite uses.	Emerald Herald gift/drop after reaching Dragon Aerie
	Darksign	Respawn at last bonfire with all souls lost	Default inventory
	Flame Butterfly	Light torch autonomously	Weaponsmith Ornifex sells ∞ .
	Silver Talisman	Transform to blend into environment	Sold by Titchy Gren
	Rusted Coin	Temporary boosts luck	Sold by Magerold of Lanafir (x5)

	Bonfire Ascetic	Burn in bonfire to strengthen nearby foes	Starting Gift Sold by Stone Trader Chloanne (x1) Sold by Darkdiver Grandahl (x10) Sold by Royal Sorcerer Navlaan (x10)
	Rubbish	Has no value	Obtained when breaking a wooden chest
	Simpleton's Spice	Lowers required int by 1 for chosen spell	Sold by Carhillion of the Fold (x1)
	Skeptic's Spice	Lowers required faith by 1 for chosen spell	
	Crushed Eye Orb	Invade Licia Of Lindeldt	Undead Crypt treasure
	Pharros' Lockstone	Activate Pharros' contraptions	Explorer class starting item Sold by Merchant Hag Melentia (x1) Reward for Rat King Covenant kills
	Fragrant Branch of Yore	Allows user to cure NPC's of petrify	The Gutter treasure Harvest Valley treasure (x2) Sold by Magerold of Lanafir (x1) Sinner's Rise treasure Manscorpion Tark reward Brightstone Cove Tseldora treasure
	Prism Stone	Trade with Dyna and Tillo or Emits light, and mark's one's path	Sold by Sweet Shalquoir. Sells ∞ of these after opening Shrine of Winter.
	Small Smooth & Silky Stone	Trade with Dyna and Tillo or Use to restore HP	Level 1 Rat King Covenant reward (x10)
	Smooth & Silky Stone	Trade with Dyna and Tillo or Use to restore HP	Level 2 Rat King Covenant reward (x10)
	Petrified Something	A petrified object that is pleasant to the touch	Starting Gift Earthen Peak treasure Dragon Aerie treasure Cave of the Dead treasure (x3)

	Soul Vessel	Show this to a certain person, and... (Allows user to re-specify their stats)	Majula treasure Saulden The Crestfallen Warrior reward Lost Bastille treasure Drangleic Castle treasure Undead Crypt treasure Memory of Orro treasure Brume Tower treasure
	Estus Flask Shard	Offer to Emerald Herald to increase flask uses	Treasure found in several areas (x12)
	Petrified Egg	Give to merchant in Iron Keep to join Dragon Remnants	Dragon Shrine treasure
	Smelter Wedge	Destroys Ashen Idol	Ten in Brume Tower Treasure in Memory of the Old Iron King
	Loyce Soul	Talk to Alsanna, Silent Oracle for a reward, dependent on how many you possess	Dropped by Charred Loyce Knights in the Old Chaos

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