

# Token of Fidelity

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## In-Game Description

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*Token recognizing that the owner has travelled worlds to help others.*

*When in other worlds, it can be also used to restore the master of the world's HP, but this is only a secondary effect of the item. Simply carrying these tokens shows the depth of the holder's fidelity.*

## Use

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Can be used when summoned to assist with an area. The host is given a heal over time effect similar to using a Lifegem.

One is required to join the Blue Sentinels, and to enter the sparring arena. Every sparring match consumes a Token.

## Availability

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- Upon clearing a boss, all White Sign Soapstone Phantoms are awarded a Token, or when the time of the summoning is up and the host is still alive.
  - Awarded when successfully defending a member of the Way of Blue covenant from an invader, when summoned through the Guardian's Seal
  - In Huntsman's Copse, can be found on a pillar next to the second bonfire, across the gap. Drop from the bridge above carefully.
  - Dropped by Sentinel Phantoms in Heide's Tower of Flame at Bonfire Intensity 2 or higher (guaranteed drop).
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